

THE LOB GAME (TEAMS)

- 3 teams (P1-P4, P2-P5 and P3-P6). The teacher sends a ball to P1's forehand or backhand. P1 lobs the ball over P3-P6's head. Depending on the ball received, P3 or P6 execute either a volley or a smash and play the point with P1-P4. At the end of the point, P1-P4 will give their place to P2-P5 and P1-P4 will return to the back but will change rows.
- The first team between P1-P4 and P2-P5 who scores 3 points against P3-P6 will take their place.
- If the players are able, they can execute the feed themselves, meaning they can send the lob.

