

THE DEFENSER'S GAME

- The teacher sends a far (difficult) ball far to the right of P1. From his starting position, P1 returns the ball and P1-P2 play the point against P4-P5.
- At the end of the point, P2 will take P1's place, P3 will take P2's place and P1 will go to the waiting area outside the court. P4, P5 and P6 will do the same, so at the end of the point P5 will take P4's place, P6 will take P5's place and P4 will go to the waiting area.
- Game of 10 points. At the end of the game, change the roles so P4, P5 and P6 will become the defenders.
- After the 2 games, the teacher can send the feeds (hard) far to the left.

