

THE ATTACKERS' GAME + SMASH (TEAMS)

- 3 teams (P1-P4, P2-P5 and P3-P6). The teacher feeds a short ball to P1. P1 hits the short ball and must touch the target on the ground near the net. As he touches the ground target, the teacher sends an easy lob over P1's head. P1 executes a smash and P1-P4 play the point against P3-P6. P4 has the option of going to the net or staying at the back of the court.
- At the end of the point, P1-P4 will leave their spot to P2-P5 and P1-P4 will go at the back, but they will change rows.
- The first team between P1-P4 and P2-P5 who wins 3 points against P3-P6 will replace them.

