

FRAPPE – EVALUATION GRID



STUDENT :		INSTRUCTOR :	
CURRENT GROUP :			
GROUP RECOMMENDATION FOR NEXT SESSION :			

Evaluation to register for Yellow 2	Try #1	Try #2	Try #3	Pass	Fail
<ul style="list-style-type: none"> In micro-court, player, receiving a ball from instructor must block the ball than initiate 2 « self passes » before returning the ball 5/10 times inside the micro-court. From the micro-court, instructor feeds 5 easy balls to the forehand followed by 5 easy balls to the backhand. 	10	10	10		
<ul style="list-style-type: none"> For serve, player must execute 4 serves out of 10 in the micro-court. 	10	10	10		
Evaluation to register for Yellow 3	Try #1	Try #2	Try #3	Pass	Fail
<ul style="list-style-type: none"> In micro-court, player, receiving a ball from instructor must block the ball than initiate 2 « self passes » before returning the ball 7/10 times inside the micro-court. From the micro-court, instructor feeds 10 balls to the forehand and backhand in random order. 	10	10	10		
<ul style="list-style-type: none"> For serve, player must execute 6 serves out of 10 in the micro-court. 	10	10	10		

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	Try #1	Try #2	Try #3	Pass	Fail
Evaluation to register for Red 1					
<ul style="list-style-type: none"> At half-court, player, receiving a ball from instructor must execute 5/10 times inside the half-court. From the half-court, instructor feeds 5 easy balls to the forehand followed by 5 easy balls to the backhand. 	10	10	10		
<ul style="list-style-type: none"> For serve, at half-court, player must execute 5 serves out of 10 in the service box. 	10	10	10		
Evaluation to register for Red 2					
<ul style="list-style-type: none"> At half-court, player, receiving a ball from instructor must execute 7/10 times inside the half-court. From half-court, instructor feeds 10 balls to the forehand and backhand in random order. 	8	8	8		
<ul style="list-style-type: none"> For serve, at half-court, player must execute 7 serves out of 10 in the service box. 	10	10	10		
Evaluation to register for Red 3					
<ul style="list-style-type: none"> At half-court, player receiving a ball from instructor must execute 7/10 times inside the half-court. From half-court, instructor feeds 3 deep balls, 3 short balls, 2 balls far right and 2 balls far left. All in random order. 	10	10	10		
<ul style="list-style-type: none"> For serve, player must attempt 5 serves to the opponents forehand side and 5 serves to the backhand side. From those 10 serves, player must execute 6/10 in the proper zone. 	10	10	10		